

Doane College COU632/HRE232
Assessment, Case Planning & Management

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Course Syllabus

3 Semester Credits

Course Description:

An examination of, and hands on practice of, case management with mental health and substance abuse clients that looks at client strengths and areas of psychosocial challenges, presenting problems and specific needs. Making interpersonal connection, attitude exploration, working with client goals, and managing cases based on valid assessment will lead to development of individualized treatment plans with measurable goals, objectives, progress notes, and gathering of collateral information. Students will survey commonly used assessment instruments. Upon completion of this course, students will identify basic elements of case planning, will demonstrate the ability to write progress notes, produce an individualized treatment plan incorporating measurable goals and collateral information, and be able to identify the most common assessment instruments. *Required core course.*

This course has been developed to apply the most current knowledge and tools to substance abuse and addiction cases and to utilize client data in planning and management of cases. Students will assess various screening and assessment instruments including: Substance Abuse Subtle Screening Inventory (SASSI) Addiction Severity Index (ASI) Comprehensive Adolescent Severity Inventory (CASI), Beck Depression Inventory, screening for anxiety, and review models of case management, attitudes and characteristics of interviewers, the importance of confidentiality as defined in 42 CFR Part 2, strengths and weaknesses of levels of care, service coordination, and how to utilize these in the context of the client case. The course includes development of case studies, sample case records covering all 12 Core Functions of substance abuse counseling, and client profiles to develop a sense of clinical practice of case planning from assessment through discharge planning and referral.

Purpose:

Substance Abuse and Mental Health Professionals must have a set of procedures to evaluate clients and to manage their cases. Besides attending to client strengths and areas of psychosocial challenges, assessing client stages of readiness for change, presenting problems, and specific needs, professionals must work with clients to construct an appropriate treatment plan. Treatment planning must include client goals as an active ingredient and must be flexible to meet the needs of the clients. Often the assessment phase is the only time to make the vital client-counselor connection using skilled interviewing skills. Providing a valid assessment constitutes the basis for appraising the data and making diagnostic judgments for level of care and referral. Managing the case requires the counselor to 'step back' and look objectively at the records to coordinate client care using the intake and assessment, development of an

individualized treatment plan with measurable goals and objectives, progress notes, discharge planning and case management activities with periodic clinical reviews.

Contact Hours:

The course will be held during the regular semester meeting schedule. 6:00 PM to 10:30 PM, weekly. Students must contact the instructor for schedule conflicts.

Course Objectives

1. Examine the appropriate use of various assessment tools and interview styles for completing substance use disorder evaluations.
2. Formulate treatment plans with measurable goals and objectives for client care.
3. Illustrate the process of documentation for client progress and ongoing assessment.
4. Develop the elements of a discharge plan and individualized aftercare plan.
5. Review service coordination and recommendations for level of care for clients.
6. Review ethical responsibility regarding confidentiality of client information and records.
7. Demonstrate record keeping including development of a case file to include assessment, diagnosis, treatment planning, counseling methods, progress notes, discharge planning, case management and clinical case review.
8. Employ community resources to inform about current practices in substance abuse treatment.

Course Materials:

REQUIRED: 1) **Real World Treatment Planning, Johnson & Johnson, (2003) Cengage Learning** - ISBN-13: 9780534596798 2) **Fundamentals of Case Management Practice: Skills for the Human Services 3rd Ed, Nancy Summers (2008) ISBN-13: 9780495501473.**

Course/Attendance Requirements:

All students are required to attend course meetings, complete all course readings and assignments, participate in class discussions, and develop a case study (file) and treatment protocol to present to course participants as a clinical case review and to be handed in for grading. Students must acquire the knowledge and application skills of case planning and management and demonstrate competence in the stated objectives of the course. Students will be able to dialogue with treatment providers in the community to discuss assessment instruments and to gain a working understanding of models of case management.

Evaluation/Grading:

Students will be evaluated on attendance and participation in all course activities: involvement in course discussions, completion of all course assignments, participation with assigned partner/s for course presentation including materials, handouts, and a practice case file. Attendance at all course meetings is strongly encouraged due to the high level of interactive course activities during class time and absences will affect final grading.

Course Format:

This will be an interactive course that includes an elevated level of classroom participation, including lecture and instruction, guest speakers, case studies, and student presentations. **Cell Phones:** We will discuss handling cell phone calls and text messaging during class and come to consensus on a procedure. **Computers:** Computers are not allowed during class time.